PLANNING A HUNT?

For every excursion, take the essentials.



Look for lightweight, durable options with a minimum rating of 10,000mm water repellency. Breathable panels, pit zips, a large draw-stringed hood and a longer tail will help in a variety of rain scenarios (Consider rain pants or gaitors as well).



FIRST AID + MEDICATION

Pack personal medication along with a first aid kit. Pack these close to hand and marked so others can easily find it. For a full recommended list please head to www.mountainsafety.org.nz.



Take extra, you may have to wait out a swollen river or hang out with a knackered/injured mate. Lollies are better than nothing but take carbs if you can.



Headtorches of 200 lumens are a great start. Always carry spare batteries.



This should be lightweight and suitable for all weather. A survival bag is the minimum but a rainfly/tarp or bivvy bag are the best options.



Hi-Vis clothing (such as Blaze Orange) is highly recommended. Easy to identify for both those in your hunting party or those looking if something goes awry.

Include binoculars for proper game animal ID, a small sharpener and two knives - one for skinning and another for boning.



EMERGENCY COMMS DEVICE

Buy, rent or borrow these devices. Consider an SMS device like an InReach, and a Personal Locator Beacon (PBL). Consider a power bank for longer trips.



Good quality wool or fleece can make all the difference when cold and wet. Consider brighter colours that can be easily spotted. (Avoid wasp-friendly blue).



Take a 1/50,000 Topo map with a compass and a back-up downloaded map on your phone. If using phone GPS, bring a power bank. For longer trips, bring a full-size GPS for better satellite reception.



A survival blanket, whistle and fire starters are essential. Aluminium foil, duct tape and strong cordage are also often useful.



Pack at least a single hard-plastic bottle, and even a hydration bladder. A filter or other water treatment options are great back-ups.

Set out your plan, make it home.

HAVE A DAILY PLAN

Consider everything for each day of your trip. Discuss with your group.

Who is going on the trip?
What are their comfort and skill levels?

What is the terrain like?
Look at your Topo map and consider
hazards such as rivers, steep terrain etc

Where are you going?

If it is a new spot for you, learn as much as you can beforehand.

How will you get there?
Look at tracks, alternative tracks, driving distances and helicopter times.

How long will it take you?

Give yourself enough daylight hours.

Leave early and bring enough provisions for a longer trip than expected.

What are your meet-up times?
Set times in your day to check in via radio or pit stops on your route.

BUILD A TRIP PLAN IN PLAN MY WALK











Customise a track Receive trip alert Check the forecas Customise Share your gear list your pla





SET AN EMERGENCY PLAN

Sometimes the weather changes, rivers rise, you can simply be overdue or unable to go on. What are your back-up options?

Carry a communications device

Carry an emergency shelter

Learn about alternative routes and shelters in your area

Share your plans with a trusted contact - Plan My Walk allows you to do this seamlessly.

CONSIDER THE RISKS

Anything can happen in NZ's outdoors. Plan for a safe and successful NZ adventure.

WARNING SIGNS OF AN UNSAFE RIVER

- Water moving faster than normal walking pace
- Discoloured, cloudy, surging water
- Visible debris in the river such as tree branches
- The sound of rolling boulders on the river bed

If in doubt, stay out. Wait for water levels to drop.

IF YOU ARE LOST

Use a whistle and apply **STARS**:

STOP: Take a breath, sit down, remain calm
THINK: Look around you, listen, think of ideas

ASSESS: Evaluate the options and their potential outcomes

RESPOND: Go with the best option
STAY PUT: Shelter, stay warm and dry.

WAITING FOR A MISSING PERSON

- Give them time to determine if they are lost or just late. A few hours overdue is common in the backcountry.
- Try phoning them. Think about their location, clothing and equipment
- · Consider activating you PLB.

You can learn more about hazards and how to mitigate them on our website www.mountainsafety.org.nz

FOLLOW THE NZ LAND SAFETY CODE



Choose the right trip for you



Understand the weather



Pack warm clothes and extra food



Share your plans and take ways to get help



Take care of yourself and each other